

LAKEFIELD CAMP INTERNATIONAL

Daily Schedule

Monday to Saturday

<i>Morning</i>	7:30	Wake-up
	08:00 – 08:45	Breakfast
	09:00 – 10:00	Activity Period 1
	10:10 – 11:10	Activity Period 2
	11:20 – 12:20	Activity Period 3
<i>Afternoon</i>	12:30 - 13:20	Lunch
	13:20 – 14:20	Rest Period / ESL intensive* (NEW)
	14:20 - 15:20	Activity Period 4
	15:30 - 16:30	Activity Period 5
	16:30 - 18:00	Free time activity
<i>Evening</i>	18:00 – 19:00	Dinner
	19:00 - 20:30	Evening Programme
	21:00	Snack
	21:30 - 22:00	All students in their rooms (<i>by age</i>)
	22:00 - 23:00	Lights out (<i>by age</i>)

Schedule will change on excursion days

ESL and WEP (Wilderness Education) each comprise 2 of the daily activity periods

** Students opting to take 15 hours of ESL weekly will have their additional ESL hours during the daily rest period*