



# Tremblant Language Camp

## Activity Schedule

2010

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4-Jul	5-Jul	6-Jul	7-Jul	8-Jul	9-Jul	10-Jul
<b>WEEK 1 (A2)</b>							
MORNING 09:00 - 13:00	<b>Start of Programme ARRIVALS</b> (into Montreal)	<b>Full Day Excursion:</b> Montreal City Tour	Language Testing & Orientation Depart for Tremblant	ESL / FSL Classes	ESL / FSL Classes	ESL / FSL Classes	at leisure
AFTERNOON 14:00 - 18:00			ESL / FSL Classes	Painting in the Park Workshop	<b>Language Workshop</b> Beach Volleyball Tournament <i>Optional: Go-Karting</i>	<b>Half Day Excursion:</b> Acro-Nature Adventure in the Forest	Shopping in St. Sauveur <i>Optional: Waterslides or Norwegian Spa</i>
EVENING			Overnight in Montreal	On-campus: Icebreaker & Welcome Games	Leisure Activities <i>Optional: Movies at the cinema</i>	Special Mexican Dinner and Pinata	Night game + Overnight camping in wooden cabins
<b>WEEK 2 (A3)</b>	11-Jul	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul	17-Jul
MORNING 09:00 - 13:00	Tremblant International Blues Festival <i>Optional: Helicopter flight</i>	Leisure OR Language Testing & Orientation	ESL / FSL Classes	ESL / FSL Classes	ESL / FSL Classes	<b>Full Day Excursion:</b> Wakeboarding and speed boating	at leisure
AFTERNOON 14:00 - 18:00		ESL / FSL Classes	<b>Half Day Excursion:</b> Mountain of Spirits Hike and Birds of Prey Show	Tremblant Olympic Games	<b>Language Workshop</b> Tennis Lessons <i>Optional: Paintball</i>		Photo Rally <i>Optional: La Ronde Amusement Park and fireworks in Montreal</i>
EVENING	Video Night <b>ARRIVALS</b> (into Montreal)	Latin Dance Lessons or Rock band tournament	On-campus: Alpine Luge Race	Night Hike and Star Gazing	Arts & Crafts: Scrapbooking	<i>Optional: Evening Dance Cruise in Montreal (overnight in Montreal)</i>	
<b>WEEK 3 (B1)</b>	18-Jul	19-Jul	20-Jul	21-Jul	22-Jul	23-Jul	24-Jul
MORNING 09:00 - 13:00	Shopping at Carrefour Laval Centropolis+ Cosmodome (Montreal) <i>Optional: Skyventure (in Montreal)</i>	<b>Full Day Excursion:</b> Canoeing on La Diable River	Leisure OR Language Testing & Orientation	ESL / FSL Classes	ESL / FSL Classes	<b>Full Day Excursion:</b> Mountain Biking & Beach Party	at leisure
AFTERNOON 14:00 - 18:00			ESL / FSL Classes	Aquaclub La Source	<b>Language Workshop</b> American Flag Football <i>Optional: Horseback riding</i>		Fishing excursion
EVENING			Painting on glass <b>ARRIVALS</b> (into Montreal)	On-campus: Mini-Golf Tournament	Les Rythmes Tremblant Rock Festival	Fun Casino & Auction	Karaoke Night
<b>WEEK 4 (B2)</b>	25-Jul	26-Jul	27-Jul	28-Jul	29-Jul	30-Jul	31-Jul
MORNING 09:00 - 13:00	Beach outing – Swimming and beach sports <i>Optional: White Water Rafting</i>	Leisure	ESL / FSL Classes	<b>Full Day Excursion:</b> Ottawa	ESL / FSL Classes Depart for Montreal	ESL / FSL Classes (in Montreal)	<b>End of Programme DEPARTURES</b>
AFTERNOON 14:00 - 18:00		ESL / FSL Classes	Golf Lessons <i>Optional: Via Ferrata's adventure</i>		<b>Language Workshop</b> Film editing or board games	<b>Half Day Excursion:</b> Shopping in the Underground City & Francolies	
EVENING		Arts & Crafts: Tie-dye Shirt Making OR soccer in the park	Video Game Competition		<i>Optional: Movies at the cinema</i>		

Activities listed in *green italics* are offered as optional activities (extra fees apply).

Programme staff will strive to follow the above schedule as much as possible. However, this schedule is tentative and subject to change.

Some of the scheduled full day excursions and half day excursions may run into the evening.